Mid-Atlantic Youth Services
inspiring brighter futures

Pennsylvania’s largest private provider of secure residential treatment services

featuring

EXPERIENCE THE MAYS DIFFERENCE
FULL SERVICE FACILITIES
PERSONALIZED TREATMENT

PA CHILD CARE & WESTERN PA CHILD CARE

“I’m living my life and it’s finally feeling good.”
Former Resident
ABOUT MID-ATLANTIC YOUTH SERVICES

The mission of Mid-Atlantic Youth Services, Corp. (MAYS) is to provide high-quality healthcare, education, and treatment services to our youth through supportive partnerships with those we serve (courts, families, youth, and the community). We accomplish our mission by providing a safe, nurturing, and structured environment that promotes positive changes in the health and well-being of youth, allowing them to return to their communities while remaining alcohol, drug, and crime free.

FACILITIES

PA CHILD CARE
WESTERN PA CHILD CARE

Mid-Atlantic Youth Services currently operates PA Child Care and Western PA Child Care. Mid-Atlantic Youth Services utilizes evidenced based treatment approaches at each facility.

SERVICES

Mid-Atlantic Youth Services provides comprehensive services that help heal both the mind and the body. Services provided at our facilities include: Health and Medical Services, Career Technical Educational Services, Employment Certification Services, Psychiatric Services, and Recreational and Social Activities.

TREATMENT HIGHLIGHTS

PA Child Care and Western PA Child Care are multiple license facilities... offering variable lengths of stay in both the secure and open settings. Our expansive State-of-the-Art facilities offer staff ratios as low as 1 to 4 with gender specific programming.
SECURE RESIDENTIAL TREATMENT

Mid-Atlantic Youth Services, Corp.’s (MAYS) Secure Residential Treatment Program is a highly structured, safe, and physically secure environment designed to meet the individual and group needs of delinquent male and female offenders. This program provides secure, safe custody in a closely supervised setting which fosters the physical, intellectual, social, and emotional development of residents.

OPEN RESIDENTIAL TREATMENT

Mid-Atlantic Youth Services, Corp.’s (MAYS) Open Residential Treatment Program is designed as a step-down program for secure care youth that are preparing for discharge. Through this program, youth are provided the opportunity to demonstrate cognitive and behavioral skills and show how responsible and productive they’ve become by participating in community-based events and activities in an open setting.

COMMUNITY SERVICE & AWARDS

CAREER TECHNICAL EDUCATION

EMPLOYABILITY CERTIFICATIONS

CONTACT INFORMATION

Western PA Childcare
12 Dakota Drive
Emington, PA 16373
(724) 867-0321

PA Childcare
701 Sathers Drive
Pittston Township, PA 18640
(570) 883-1803

See back cover for additional contact information.
A defining difference with MAYS is that we have the ability to house, care for, and treat nearly any juvenile. Our multiple-licensed facilities allow us to serve youth across a wide range of offenses and disorders, unlike the unidimensional focus common among most providers.

We know you have high concerns and expectations. After all, these are youth with special demands who require a individualized and holistic treatment plan to make them well. We address the "whole" child, with services that expressly target the uniqueness of their conduct, character and condition. We understand who influences the youth in our care, so we focus on constant relationship building with anyone who can affect their futures - judges, courts, families, communities, affiliate providers and influencers...all will find us very accommodating.

Group, family and individual counseling are provided by Master's level clinicians who concentrate on the same, very real, very reachable goals; family reunification and a return as productive members of the community, as well as a fresh start on life. Long or short, all roads to recovery start with a single, life altering step. Let us lead the way.

Our Philosophy

Consistent with Pennsylvania's juvenile justice system, the treatment philosophy of Mid-Atlantic Youth Services, Corp. (MAYS) is grounded in Balanced and Restorative Justice Principles. To this end, MAYS will be consistent with the public's interest to provide programs of supervision, care, and rehabilitation for children committing delinquent acts. Our programs provide balanced attention to the protection of the community, teach children accountability for offenses committed, and enable children to become responsible and productive members of their community.

We believe the youth in our care are experiencing severe emotional, behavioral, psychological, educational, and social problems which must be treated in a safe, structured, and comprehensive manner. Left untreated, these youth will continue to experience significant impairment in life functioning, resulting in continued drug/alcohol use, mental impairment/illness, and delinquency. When residential care is deemed necessary, an intensive approach to treatment must occur. We believe residential care should be provided in close proximity to the youth's family, significant others, and community. This allows the youth and family the ability to receive family therapy and access continuing care support services that exist within their community.

Our Environment

Relationships can be countered by the negative influences of delinquent and disruptive peers. As such, Mid-Atlantic Youth Services, Corp. (MAYS) takes systematic, assertive action to create an environment that nurtures and reinforces positive relationships and role models all while supporting pro-social values, behaviors, and purposeful learning. At MAYS, we value environmental performance as much as individual therapy. Treatment consists of adult-child interactions and interventions designed to protect, engage, and treat residents.

Our environment provides residents with a high degree of structure, utilizing clearly defined norms and expectations and logical consequences. In addition, all members of the treatment community are expected to model appropriate behaviors and provide mutual help to other residents. Each resident is expected to actively participate in his/her own treatment and participate as a member of a supportive, nurturing, and caring peer group.
The Mission
of Mid-Atlantic Youth Services Corp. is to provide high-quality healthcare, education, and treatment services to our youth through supportive partnerships with those we serve (courts, families, youth, and the community). We accomplish our mission by providing a safe, nurturing, and structured environment that promotes positive changes in the health and well-being of youth, allowing them to return to their communities while remaining alcohol, drug, and crime free.
Our Facilities

Our environment provides youth with a high degree of structure.

PA Child Care
Pittston Township, PA

PA Child Care offers secure treatment for males and females. This ultra-modern facility is located in Pittston Township and is easily accessible from Route 81.

Facility Capacity
12 Female Secure Residential Treatment Beds
36 Male Secure Residential Treatment Beds
12 Sex Offender/Fire Setter Secure Residential Treatment Beds

Western PA Child Care
Emlenton, PA

This state-of-the-art facility is located off exit 42 of I-80. Western PA Child Care’s focus is servicing youth with multiple issues who are in need of specialized care.

Facility Capacity
12 Female Secure Residential Treatment Beds
48 Male Secure Residential Treatment Beds
39 Male Open Residential Treatment Beds
MODERN · HIGH TECH · SECURE

Dorm Rooms
Recreational Areas
Classrooms
Secure Intake Area

Dining Area
Cafeteria
Medical Services

VIEW THE VIRTUAL TOUR ONLINE AT
WWW.MIDatlanticYOUTH.COM
SERVICES

MAYS integrates residential living and the delivery of treatment with other program components such as security, medical, psychiatric, social, nutrition, education, and recreation services.

Health Screening Services
Within one hour of admission to a Mid-Atlantic Youth Services, Corp. (MAYS) facility, a health screening will be conducted on every youth to ensure the identification and treatment of any health condition requiring immediate medical care. The health screening consists of structured interview and observation.

On-site medical personnel will normally conduct the health screening. During the hours when on-site medical personnel are not available, the health screening will be conducted by personnel trained by medical staff in the collection of health-related information. Any health screenings conducted by non-medical personnel shall be reviewed by medical staff within 24 hours of admission. As part of the health screening, a PPD test is administered to screen for the existence of tuberculosis, as recommended by the Pennsylvania Department of Health.

Every youth will have the opportunity to be tested for any communicable diseases, if requested by the youth. If documentation is provided that such testing has been recently completed, the procedure will not be repeated unless it is medically indicated. Pregnancy testing is completed by medical personnel, if requested by a youth, and appropriate follow-up care will be provided.

Medical/Dental Services
Medical and dental services will be provided to MAYS by a contracted medical provider. Services will consist of a physical examination of all new youth within 1 week of admission, routine “sick calls,” and follow-up examinations. A physician(s) will be available (on-call) to the facilities 24 hours a day for medical problems. When a medical issue is unable to be treated at the facilities, the youth will be secured and transported to an identified hospital in the area.

Dental services will be available through a contract with a dental provider. The dentist, in accordance with his status as an independent contractor, will perform initial dental examinations and cleanings on all new youth within one month of admission, and every six months thereafter. Routine dental care is provided to youth on an ongoing basis.

Nursing Services
Nursing services will be provided by a contracted medical provider. Nursing staff will be present at the program for 16 hours per day. The nursing staff administers medication and is responsible for all medical treatment ordered by the physician, dentist, psychiatrists, and/or referral physicians.

Pharmacy Services
Pharmacy services will be provided by a licensed, contract pharmacist. The contract pharmacist will review all resident medications on a quarterly basis, monitor all controlled substances on a weekly basis, dispose of discontinued medications, and provide updated pharmaceutical information to the nursing staff.

Laboratory Services
Upon admission, routine laboratory services are ordered by the physician for each resident. All blood samples will be drawn by a member of the nursing staff skilled in venipuncture. Routine admission laboratory work consists of a PPD (TB test), Serology (Syphilis), and Sickle Cell Screening (African-American residents who have no verification of prior testing).

Emergency Services
Emergency medical and psychiatric treatment is available to all residents from qualified professional health care service providers. In addition, all staff will be trained in First Aid/CPR which will allow them to immediately respond to medical emergencies. When acute medical care is needed, staff will contact emergency medical services. When hospitalization is needed, youth will be transported by ambulance according to policy.

Staff will maintain arms length supervision of the youth at all times.

Crisis Intervention
All staff will be trained and certified in safety practices, basic First Aid, CPR, exposure control, suicide prevention, and SCN (Safe Crisis Management, therapeutic crisis intervention techniques). These certifications are reviewed and/or recertified yearly. Staff are trained in identification of crises, de-escalation techniques, follow-up counseling (including the Life-Space Interview), and special safe physical restraint techniques.

Dietary Services
Dietary services will be provided through a contracted food-service provider and will ensure that all youth receive adequate nutrition. Special dietary needs are met after being identified by the nursing staff. A registered dietician will be responsible for approving menus. Dietary staff will adhere to regulatory-body standards regarding food preparation, food service, storage, and sanitation. Menus will rotate on a cyclical basis, allowing for varied tastes and preferences.
TREATMENTS HIGHLIGHTS DESIGNED TO HEAL MIND AND BODY

OUR TREATMENT INCLUDES

**Community Protection** by providing an environment to treat youthful offenders and help them change their problematic behaviors.

**Victim Restoration** by working with those in our care to accept responsibility for their behavior, understand how their behavior affected others, acknowledge the harm caused to their victims and communities, and take steps to restore the victim and the community.

**Competency Development** by providing opportunities for the residents in our care to develop a sense of belonging, form close relationships with those around them, make meaningful and responsible choices, and develop transferable skills to avoid future harmful behaviors.

**Thinking for a Change (T4C)** is an integrated, cognitive behavioral change program for offenders that includes cognitive restructuring, social skills development, and development of problem solving skills. Designed for delivery to small groups in 25 lessons, the T4C program can be expanded to meet the needs of specific participant groups.

**Cognitive behavioral therapy (CBT)** is a short-term, goal-oriented psychotherapy treatment that takes a hands-on, practical approach to problem-solving. Its goal is to change patterns of thinking or behavior that are behind people’s difficulties, and so change the way they feel. The CBT approach addresses dysfunctional emotions, maladaptive behaviors and cognitive processes and contents through a number of goal-oriented, explicit systematic procedures.

EXPANSIVE, STATE-OF-THE-ART FACILITIES TO MEET EDUCATIONAL, RECREATIONAL, REHABILITATIVE, AND SOCIAL NEEDS CONCURRENTLY.

STAFF RATIOS AS LOW AS 1 TO 4 IN SELECT MODALITIES FOR MORE INTIMATE AND CONTRACTIVE COUNSELING.

GENDER SPECIFIC PROGRAMMING PRIMARILY TO ADDRESS THE DISTINCTIVE NEEDS OF FEMALES.

PRENATAL SERVICES AND PARENTING CLASSES TO HELP WITH THE NEEDS OF PREGNANT FEMALES AND THEIR FAMILIES.

VARIABLE LENGTHS OF STAY BASED ON CLIENT NEEDS AND REFERRING AGENCY RECOMMENDATIONS.

FULL-TIME CERTIFIED TEACHERS OFFERING YEAR-ROUND SECONDARY EDUCATION, GED, AND COLLEGE PREP COURSES.

RESIDENT STAFF PSYCHOLOGIST TO DIRECT AND DRIVE CONSISTENT GROUP AND FAMILY THERAPY PROGRAMS AND TO SUPERVISE STAFF THERAPISTS.

COMPLETE HEALTH CARE COVERING MEDICAL, DENTAL, AND PSYCHIATRIC TREATMENTS.

MASTER LEVEL THERAPISTS WITH ADVANCED SKILL SETS AND TRAINING TO PROVIDE LEADING-EDGE TECHNIQUES.

SERVESAFE, OSHA 10 COURSES OFFERED BY TRAINED AND CERTIFIED MAYS STAFF WITH CLASSES HELD ON SITE.

FAMILY THERAPY ENCOURAGED AND ENABLED THROUGH CENTRALLY LOCATED FACILITIES.

VOCATIONAL EDUCATION HELPS STUDENTS BEGIN TO DEVELOP THE SKILLS THEY WILL NEED TO SUCCEED IN A CAREER.

RESTITUTION PROGRAMS PAID JOB OPPORTUNITIES AND VENDOR CO-OPS TO HELP STUDENTS PAY BACK FINANCIAL OBLIGATIONS.

*AVAILABLE ON A LIMITED BASIS

AFTER CARE EMPHASIS WORKING WILLINGLY AND DIRECTLY WITH LOCAL COUNTY ORGANIZATIONS FOR CONTINUOUS CARE REQUIREMENTS.

TRANSPORTATION OF YOUTH FOR COURT, INTAKE, AND HOME PASSES PROVIDED.

VIDEO CONFERENCING AVAILABLE.
MAYs plans and controls the use of the program environment and components as part of the treatment regimen to foster and support desired behavioral and cognitive changes in youth. MAYs uses this “therapeutic milieu” to coordinate and integrate residential living and the delivery of treatment services with other program components such as security, medical, psychiatric, social services, nutrition, education and recreation.

In residential settings, individual level relationships are complimented by the interaction between the resident and the environment. Relationships can be countered by negative influences of delinquent and disruptive peers. As such, MAYs will be systematic and take assertive action to create an environment that nurtures and reinforces positive relationships; and models and supports pro-social values and behaviors; and provides purposeful learning as a means of achieving changes in youth.

This will be accomplished by maintaining a high degree of structure, utilizing clearly defined norms, and expectations, and logical consequences. In addition, all members of the treatment team are expected to model appropriate behaviors and relationships. Each youth is expected to actively participate in their own treatment and participate as a member of a supportive, nurturing and caring peer group.

**CRITERIA FOR SECURE RESIDENTIAL TREATMENT PROGRAM**

The criteria below applies to males and females with various behavioral disorders, traumas, and offenses who are in need of long-term treatment.

- Adjudicated delinquent
- 12-20 years of age
- Court ordered to secure care
- IQ of 60 (considerations made on case-by-case basis)
- Expected length of stay is 6-9 months

Available to males and females at:
- Western PA Child Care
- PA Child Care

**CRITERIA FOR SEX OFFENDER/FIRE SETTER PROGRAM**

Secure Residential Treatment Program specifically for sex offenders and/or fire setters who are in need of long-term treatment. The criteria below applies to males.

- Adjudicated delinquent
- 12-20 years of age
- Court ordered to secure care
- IQ of 60 (considerations made on case-by-case basis)
- Expected length of stay is 9-12 months (offer varied lengths of stay)

Available to males at
- PA Child Care

**Goals / Objectives**

The ultimate objectives of this program are to:
- Reduce the symptoms of mental illness
- Reduce drug and alcohol use and abuse
- Improve social, behavioral, and academic functioning
- Reduce delinquency

The staff will also work to minimize defense mechanisms related to negative and problematic thinking, feelings, and behaviors:
- Denial
- Lying
- Rationalizing
The open residential treatment program is designed as a step-down program for secure care youth that are preparing for discharge. Through this program, youth are provided the opportunity to demonstrate cognitive and behavioral skills and show how responsible and productive they've become by participating in community-based events and activities in an open setting.

This program also serves as a direct placement for youth in need of treatment to address their cognitive, behavioral, educational, and abuse issues. Youth placed directly are determined by the court to not be in need of secure confinement.

Goals / Objectives
The ultimate objectives of this program are to:
- Provide a safe nurturing environment conducive to change, growth and development for youth
- Provide short-term step-down programming for secure care youth to allow for a smoother transition to the community
- Provide short term residential programming for youth that are able to benefit from our intensive cognitive and behavioral treatment in an open residential setting
- Allow youth the opportunity to participate in community-based activities (community service, restitution, AA/NA meetings, etc.)
- Protect children from abuse and neglect and from harming themselves
- Guide youth in making the necessary changes to allow for responsible decision-making
- Build a relationship with the local community while giving back to the community
- Provide reasonable access for family members to be active in treatment
- Teach youth employment skills and earn money to pay restitution
- Increase self-confidence, self-discipline and self-esteem
- Reduce the symptoms of mental illness and cognitive distortions
- Hold youth accountable while building competencies
- Promote responsible behaviors and attitudes
- Improve social, behavioral and academic functioning
- Reduce drug and alcohol use and abuse
- Improve social skills and communication skills
- Reduce delinquent behavior
- Strengthen family unit
- Reunite the family
Mid-Atlantic Youth Services provides “hands-on” Career Technical Educational Classes

Mid-Atlantic Youth Services has been an affiliate of PA Academic and Career Technical Training Alliance since 2010. Being part of the PACTT alliance allows MAYS to be a part of a credit recovery program, allowing youth to make up for lost education time. With PA certified teachers in each classroom, state of the art equipment and small classroom size, youth at MAYS are able to improve their academic competencies. Educational services are provided on a year round basis.

Mid Atlantic Youth Services was licensed as a private academic school by PA Department of Education in 2011. Now PA Child Care and Western PA Child Care have the ability to award diplomas to graduating youth.

Youth at both facilities are able to enroll in the Intensive GED Tutoring class and take the exam while placed with MAYS. Youth who have finished their high school requirements, are able to participate in college course work via the internet, become part of the Job Readiness Program and or enroll in one our vocational programs.
Building Career Success by Lab-Volt®

Building Career Success helps students begin to develop the skills they will need to succeed in the career they choose, including good communication skills, important workplace skills, career planning capabilities, leadership skills, and job search skills. Students also learn how to manage their income wisely, which includes understanding credit, managing spending, and banking and investment options.

Upholstery and Advanced Upholstery

The Upholstery Course provides instruction in the identification and stripping of furniture as well as the installation and application of springs, webbing, padding, and other materials. Such areas as fabric identification, wood furniture framing, and related mechanical drawing are included.

The goal of the Upholstery Course is to provide the students with entry level skills as a furniture upholsterer.

From each class, a student who demonstrates exceptional aptitude for upholstery, has demonstrated leadership, and is reliable is selected to continue for an additional 5 weeks of Upholstery. These students are expected to assist with teaching the basic skill sets, provide skills modeling, and learn more advanced upholstery skills.

Upholstery service is available to the general public. Please contact us at upholstery@midatlanticyouth.com for more information.

Residential Wiring by Lab-Volt®

Our 10-unit course is an introduction to residential electrical wiring. Students consider the many factors of wiring new circuits in the home. Topics such as safety, wiring techniques, wire gauge selection, coaxial cables, telephone wire, service panels, circuit breakers, and the National Electrical Code are discussed. Students gain practical experience wiring switches, outlets, light fixtures, doorbells, phone jacks, and cable TV connectors.

Students learn the fundamentals of electricity — alternating current; terminology; basic home electrical systems; circuit basics; service panel; circuit breakers and fuses; grounding; National Electrical Code®; cables and wires; and safety.

Cable Installation and Termination by Graymark®

CablingTech™ Cable Installation Training System gives students extensive training in a realistic work environment. Theory and hands-on experience are provided in three areas to fully prepare students to succeed in cable-installation jobs.

Robotics and Advanced Robotics

LEGO® robotics uses LEGO®s as a fun tool to explore robotics, mechanical systems, electronics, and programming. This seminar is primarily a lab experience which provides students with resources to design, build, and program functional robots constructed from LEGO®s and a few other parts such as motors and sensors.

To introduce students to the world of robotics where students have fun building robots and learning about real-life applications of robotics, including the underlying engineering and logic concepts. They also create practical robots that can tackle authentic scenarios and problems, whether for common household chores or industry-applications.
OSHA-10 General Certification

The goal of the certification is to teach younger workers how to stay safe in the workplace and begin to prepare our students for a safe future in their chosen career. By providing our students with fundamental safety knowledge needed in the workplace, this program brings the significance of safety to the forefront. Topics covered include the following:

- Introduction to OSHA Flammable & Combustible Liquids
- Hand & Power Tools Materials Handling
- Walking Working Surfaces Stairways, Scaffolds, & Ladders
- Disaster Preparedness Welding & Cutting
- Electrical Safety & Health Programs

The OSHA certificate is highly regarded in industry and will be advantageous for our students in the workplace.

First-Aid / CPR

Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations featuring emergency scenarios that are likely to occur in a workplace environment and hands-on training to teach participants lifesaving skills.

- First aid: Participants learn first aid skills for treating a variety of injuries, such as burns, wounds, head, neck and back injuries, and heat and cold emergencies. Participants also learn to manage sudden illnesses, stroke, seizure, bites and poisoning.
- CPR - Adult: Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults.
- CPR - Child and Infant: Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12.
- AED - Participants learn how to use automatic external defibrillators.

The goal of the First-Aid/CPR Course is to provide the students with certification for more marketable skills in the workplace.

EMPLOYMENT CERTIFICATIONS

BUILDING CAREER SUCCESS

Building Career Success helps students begin to develop the skills they will need to succeed in the career they choose, including good communication skills, important workplace skills, career planning capabilities, leadership skills, and job search skills. Students also learn how to manage their income wisely, which includes understanding credit, managing spending, and banking and investment options.

Microsoft Office Specialist Training

The Microsoft Office Specialist Training program provides advanced instructor and on-line based training in multiple Microsoft Office 2007 utilities including Microsoft Office Word®, Microsoft Office Power Point®, Microsoft Office Excel®, Microsoft Office Outlook®, and Microsoft Vista for the Business Worker®. Each course is offered as a stand-alone, self-paced program utilizing both Custom Guide online learning solutions and Kaplan IT Learning systems. Upon successful completion of the program the students will be given the opportunity to take the Certiport test for their corresponding class and receive their certification from Microsoft®.
Contact Information

Western PA Child Care  
**Butler County**
Business hours are Monday through Friday from 8:00 AM - 4:00 PM EST.

**Address**
Western PA Child Care  
12 Dakota Drive  
Emlenton, PA 16373

**Phone Number**  
724-867-0321

**Fax Number**  
724-867-0108

**General Information**
westerninfo@midatlanticyouth.com

PA Child Care  
**Luzerne County**
Business hours are Monday through Friday from 8:30 AM - 4:30 PM EST.

**Address**
PA Child Care  
701 Sathers Drive  
Pittston Township, PA 18640

**Phone Number**  
570-883-1803

**Fax Number**  
570-883-1479

**General Information**
luzerneinfo@midatlanticyouth.com

On the Web
www.MidAtlanticYouth.com