

## Secure Detention (Short-Term)

Mid-Atlantic Youth Services, Corp.'s (MAYS) detention unit is a short-term, temporary residential placement for alleged or adjudicated delinquent youth. This program provides secure, safe custody in a closely supervised setting which fosters the physical, intellectual, social, and emotional development of residents.

We understand the importance of providing a safe and supportive environment for youth in crisis while awaiting disposition. We also understand that youth in the detention center need supportive services to help them stabilize and engage in the process of helping themselves. This will occur through the provision of activities that promote learning, self-awareness, and personal development. Activities will include life skills education, individual and group counseling, and academic services.

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## Goals/Objectives

The ultimate objectives of this program are to:

- Provide safe, short-term residential care in accordance with the statutes and regulations of the Commonwealth of Pennsylvania
- Protect children from abuse and neglect
- Provide reasonable access to immediate family members and/or foster parents
- Provide temporary residential care in a safe, structured, and nurturing environment
- Collect information on the youth that will assist the juvenile probation and the court system to determine needed services
- Guide youth in making responsible decisions regarding their future needs
- Provide information to the agencies or organizations that will provide treatment services to the youth
- Increase self-confidence, self-discipline, and self-esteem
- Promote responsible behaviors and attitudes
- Help youth accept responsibility for their actions
- Improve communication skills
- Provide diagnostic services

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## Admission Criteria

The criteria below applies to males and females in need of short-term placement.

- Allegedly or adjudicated delinquent
- 12-20 years of age
- Child met criteria established under 55 PA Code, Section 3800
- Child has been assessed as meeting the admissions criteria outlined in the Standards Governing the Use of Secure Detention under the Juvenile Act, 42 PA. C.S. 86301, et seq.
- Child currently awaiting placement into a treatment/facility program and has been court committed to detention to await his/her admission date
- Child has completed a treatment program and has been court committed to detention to await additional disposition by the court
- Child is pre-adjudicated and awaiting his/her court appearance to determine further disposition and has been placed into detention by the court pending such disposition

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## Program Availability

Available to males and females at PA Child Care only.

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### Referral Process

Parents, legal guardians, police officers, juvenile courts, etc. can make referrals to Mid-Atlantic Youth Services. If an adolescent in your care is in need of help, please contact Corey Shumaker at 814-221-5684 or via email at [cshumaker@midatlanticyouth.com](mailto:cshumaker@midatlanticyouth.com).

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### Intake/Discharge Procedures

Upon request of a juvenile judge and/or probation officer, MAYS will be prepared to accept intakes 24 hours a day, 7-days per week. The youth will be transported to the program by the committing court (transportation may also be provided by MAYS) . The committing court will provide MAYS with commitment papers before the youth is officially admitted into the program. Youth will be discharged from the program at the sole discretion of the placing authority.

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### Service Planning

Assessment and service planning begin immediately after the intake procedures are completed and continue as an on-going process throughout residency.

Upon request, MAYS can provide the following diagnostic services:

- Comprehensive interview/mental health status
- Family history
- Evaluation/history of drug and alcohol use/abuse
- Educational evaluation
- Psychological evaluation
- Psychiatric evaluation (if deemed necessary)
- Initial health screen with a follow-up health and physical evaluation
- Bio-psychosocial evaluation
- On-going staff assessment of progress in the program
- Treatment recommendations

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### Case Management

Individual counseling, support and mentoring will be provided by a qualified case manager. The case manager, and other program staff, will be available and group counseling will occur on a regular basis as a means to problem solve, and develop and maintain a positive environment. Daily groups and activities will be provided to address anger management, conflict resolution, socialization, communication, and life skills.

Visit [www.midatlanticyouth.com](http://www.midatlanticyouth.com) for more information concerning the therapy/counseling services offered at both MAYS facilities.

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### Family Involvement and Visitations

MAYS believes that family involvement is critical to the success of youth in our care. MAYS case managers and staff will maintain regular and constant communication with family/guardians. The case manager will contact the family on a weekly basis. Program visitation will occur on a regular and ongoing basis.

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### Daily Schedule

Daily programming will be intensive and similar to the following schedule:

- 7:00 AM - 7:05 AM: Wake-ups
- 7:05 AM - 7:30 AM: Showers/Room & Cleaning Jobs/Meds
- 7:30 AM - 7:45 AM: Room Inspections/Finish Cleaning

7:45 AM - 7:55 AM: Breakfast Meeting/Hygiene Inspection  
7:55 AM - 8:20 AM: Breakfast  
8:20 AM - 8:40 AM: Room time/Hygiene  
8:40 AM - 8:55 AM: Morning Meeting/Hygiene Inspection  
9:00 AM - 3:15 PM: School  
3:15 PM - 3:30 PM: PM Homeroom/Snacks  
3:30 PM - 4:00 PM: Homework/Personal Time/Meds  
4:00 PM - 4:50 PM: Structured Recreation Time/Meds  
4:50 PM - 5:45 PM: Life Skills Group  
5:45 PM - 6:15 PM: Dinner  
6:15 PM - 7:00 PM: Personal Time/Hygiene/Showers  
7:00 PM - 8:30 PM: Life Skills Group  
8:30 PM - 9:00 PM: Clinical Study/Medication distribution  
9:00 PM - 9:30 PM: Snacks/Unit Meeting  
9:45 PM - 10:00 PM: Room Time/Lights Out

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### Security Measures

Physical barriers consist of electronically controlled security door locks and security windows with break-proof security glass restricting movement outside of the program without authorization. The facility also has a state-of-the-art camera security system to provide enhanced surveillance of all hallways, day rooms in each unit, and common areas. There will be 15-minute headcounts completed 24 hours a day, 7 days a week.

MAYS maintains high staff-to-resident ratios and pro-actively plans staff schedules to best meet programmatic and individual resident needs. Staff ratios are within, or exceed, the state mandated requirements. Supervisory staff is on duty during all shifts and upper level management is on call at all times.

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### Program Services

Visit [www.midatlanticyouth.com](http://www.midatlanticyouth.com) for a list all health, medical, educational, psychiatric, and recreational services provided at both MAYS facilities. Services may vary by program.